

79207 Physical Conditioning

(a)

Each patient's maximum level of participation in an organized program of physical activities designed to improve the patient's well being shall be defined in the patient's individual recovery plan and shall be based upon a medical history, physical examination, and medical clearance. Such medical histories, physical examinations, and medical clearances shall be performed by a person lawfully authorized by that person's respective practice act to perform such histories, examinations and clearances.

(b)

In evaluating the patient's level of participation in a physical conditioning program, a physician shall consider information contained in the patient's individual recover plan.

(c)

The physical conditioning program shall be supervised by designated staff.

(d)

Physical conditioning programs shall have written policies and procedures. These policies and procedures shall be implemented, reviewed and revised as needed, and include goals and objectives.